

stDental Times

May 1, 2019

Produced in-house by Santa Teresa Dental to improve your dental health and awareness



Our dear patients, as we say good-bye to the Winter and welcome Spring of 2019, we realized that we never sent an official welcome announcement for our registered dental hygienists, Terri Lawrence & Heather Lawler.

Terri joined us in January 2017. She has been a dental hygienist for over 24 years. She is also a certified Orofacial Myofunctional Therapist. She went through an additional 3 year training program from the University of Pacific to obtain her Registered Dental Hygienist Alternative Practice license, which allows her to practice without a dentist's supervision.

Heather joined us in April 2018 due to the expanding growth of the office. She is here on Fridays. She has been a dental hygienist for 13 years. Before that, she was a linguistic & anthropologist with degrees from the University of California at Berkeley and University of Nevada at Las Vegas.

We hope you appreciate their experience as much as we do. We are also actively searching for a 4th hygienist for our expanding hygiene department. Stay tuned!

Sincerely, Dr. Andrew Huang & Dr. Ann

Teething

It's not hard to tell when your baby starts teething. He or she may be irritable during the day and sleepless at night. (And you might be too!) Here's what to expect and how to keep your baby comfortable.

When Does Teething Start?

Babies are born with all 20 primary teeth below their gumline. They typically start to come through between 6 and 12 months. Children usually have their full set of baby teeth in place by age 3.

What's normal?

- Fussiness
- Trouble sleeping
- Irritability
- Loss of appetite
- Drooling more than usual



What's not normal?

- Fever
- Diarrhea
- Rash

[Turn to Teething Page 2](#)

ADA Seal of Acceptance

What is the ADA Seal?

For more than 125 years, the ADA has promoted safety and efficacy of dental products as part of its mission to advance oral health. As early as 1866, an ADA committee prepared a statement on dentifrices (toothpaste) that questioned whether the extravagant claims made on behalf of patient tooth powders and other dental nostrums of the time were just "an imposition on the public". The end result was a simple formula for a tooth powder made from chalk, soap and various herbal ingredients. Of course this was years before anyone knew about the benefits of adding fluoride to toothpaste to prevent cavities.



[Turn to ADA Seal Page 3](#)

Teething

If your baby has any of these symptoms while teething and continues to be cranky and uncomfortable, call your pediatrician.

How to Soothe a Teething Baby

Your child may have sore or tender gums when teeth begin to erupt. Gently rubbing his or her gums with a clean finger, a small cool spoon, or a moist gauze pad. A clean teething ring for your child to chew on may also help. Your dentist or pediatrician may recommend a pacifier or teething ring.

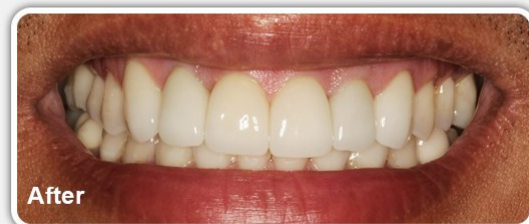
Are Numbing Gels or Teething Tablets Safe For My Baby?

The Food and Drug Administration (FDA) recommends that parents and caregivers not use benzocaine products for children younger than 2, except under the advice and supervision of a health care professional. Benzocaine is an over-the-counter anesthetic, which the FDA notes is usually under the product name Anbesol, Hurricaine, Orajel, Baby Orajel and Orabase. Benzocaine has been associated with a rare but serious—and sometimes fatal—condition called methemoglobinemia, a disorder in which the amount of oxygen carried through the blood stream is greatly reduced.



Turn to All-On-4 Page 4

Smile Show Case



ADA Seal of Acceptance

Continued from Page 1

By 1930, consumers were still confronted by extravagant claims about what dental products could do. That year the ADA adopted guidelines to evaluate these products for safety and efficacy. The first Seal of Acceptance was awarded in 1931. In 1984, President Ronald Reagan gave the Association a certificate of commendation for the outstanding self-regulatory efforts of its Seal program.

Today, more than 200 over-the-counter dental products sold to consumers carry the ADA Seal of Acceptance. Participating companies commit significant resources to test and market products in the Seal program. These products can be used with assurance that they are safe and have demonstrated efficacy according to requirements developed by the ADA Council on Scientific Affairs.

What determines if a dental product qualifies for the seal?

Not every dental product submitted to the Program qualifies for the Seal. A product submission must include data from clinical and/or laboratory studies that demonstrate safety and efficacy according to product category requirements developed by the ADA Council on Scientific Affairs.

If all requirements are met, the ADA Seal is awarded for a five-year period. If the composition of an Accepted product changes during the five-year agreement, the company must submit updated chemical and safety data before it is marketed with the Seal. The Council may require additional testing if changes potentially affect the product's safety or efficacy.

How are products evaluated?

Members of the ADA's Council on Scientific Affairs review submissions for adherence to product category requirements. When necessary, the Council utilizes consultants with specific area expertise. The consultants represent all fields relevant to evaluating dental products, including dental materials, microbiology, pharmacology, toxicology and chemistry. Only after a product has demonstrated its safety and efficacy will the ADA Council on Scientific Affairs award the Seal to that product.

How is the Seal used in advertising and packaging?

The ADA requires Accepted products to display the ADA Seal logo and statement on product packaging in accordance to the ADA Seal Brand Standards. The Seal statement(s) allows consumers to review product attributes that are Accepted by the ADA Council on Scientific Affairs. In 2016, the ADA Seal statement was revised to a shortened and consumer friendly statement. Look for the new Seal statements on Accepted products.



What is the value of the Seal?

The ADA Seal of Acceptance is designed to help consumers make informed decisions and dental professionals make informed recommendations about the safety and efficacy of consumer products. Market research has shown that the ADA Seal on a product directly affects the purchase decisions of consumers.

Each year, the ADA receives inquiries about potential and existing ADA Seal products. The ADA also answers questions from dentists and members of the dental team, the media, and the public about the Seal program's evaluation process and specific Accepted products. It is our goal to keep oral healthcare at the forefront of public awareness and be a resource for consumers looking for the best products to help maintain good oral health and prevent disease.

Share a Smile New Patients Are Always Welcome!

*The finest compliment we can ever
receive is a referral from our friends and
patients.*

Santa Teresa

DENTAL

Family • Cosmetic • Sedation • Invisalign

Office Information

Andrew Huang, DMD, FAGD

Ann Lien, DDS

16160 Monterey Rd.
Morgan Hill, CA 95037

Office Hours

Mon, Tue, Thu, Fri 9am - 5pm

Contact Information

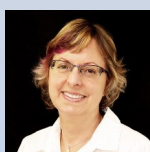
Phone: (408) 782-6568

Fax: (888) 503-6560

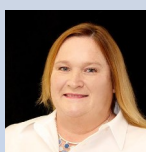
Email: info@stDental.com

Website: www.stDental.com

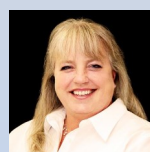
Office Staff



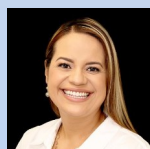
Becky W.
Registered Dental
Hygienist



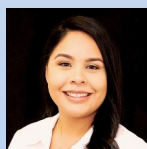
Terri L.
Registered Dental
Hygienist



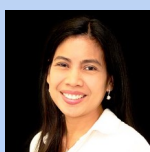
Heather L.
Registered Dental
Hygienist



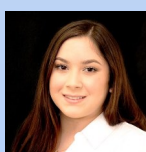
Vanessa
Patient Coordinator



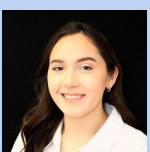
Neyda
Care Consultant



Jhona
Registered Dental
Assistant



Blanca
Dental Assistant



Samantha
Dental Assistant

Teething

Continued from Page 2

The FDA also urges parents not to use – and dispose of homeopathic teething tablets – after lab testing found “inconsistent amounts of belladonna, a toxic substance, in certain homeopathic teething tablets, sometimes far exceeding the amount claimed on the label.”

“The body’s response to belladonna in children under two years of age is unpredictable and puts them at unnecessary risk,” said Janet Woodcock, M.D., director of the FDA’s Center for Drug Evaluation and Research.



"Consumers should seek medical care immediately if their child experiences seizures, difficulty breathing, lethargy, excessive sleepiness, muscle weakness, skin flushing, constipation, difficulty urinating, or agitation after using homeopathic teething tablets or gels," the FDA states.

The FDA also issued a warning on August 4, 2017 not to use “Balguti Kesaria (or Kesaria Balguti) Ayurvedic Medicine” due to the risk of lead poisoning. Exposure to lead can cause serious damage to the central nervous system, the kidneys and the immune system. In children, chronic exposure to lead – even at low levels – is associated with impaired cognitive function, including reduced IQ, behavioral difficulties, and other problems. The product is sold online and manufactured by multiple companies, including Kesari Ayurvedic Pharmacy in India. It is used in some cultures as a remedy for a variety of conditions including rickets, cough and cold, worms and teething.

If you have any questions about how to relieve your child’s teething symptoms, talk to Dr. Ann. Look for the ADA seal of acceptance when purchasing oral care products.